ABC chart

Person (initials or name, as your policy allows) _____ Home or service _____ Sheet number _____

Date, time started, how long	Where, and who was there	Setting events	Antecedent: what happened just before	Behaviour: what the person did	Consequence: what happened next	Strategies used (from the PBS plan)	Completed by, and witness
Date Started How long (min)				Intensity (1 to 5) ☐1 ☐2 ☐3 ☐4 ☐5		☐ Proactive ☐ Early signs ☐ Reactive PRN given? ☐ Y ☐ N Restriction used? ☐ Y ☐ N	Name Role Date, time Witness
Date Started How long (min)				Intensity (1 to 5) ☐1 ☐2 ☐3 ☐4 ☐5		☐ Proactive ☐ Early signs ☐ Reactive PRN given? ☐ Y ☐ N Restriction used? ☐ Y ☐ N	Name Role Date, time Witness
Date Started How long (min)				Intensity (1 to 5) ☐1 ☐2 ☐3 ☐4 ☐5		☐ Proactive ☐ Early signs ☐ Reactive PRN given? ☐ Y ☐ N Restriction used? ☐ Y ☐ N	Name Role Date, time Witness

How to fill it in

- Write it as soon as it's safe, the same shift.
- Describe what you saw and heard, not what you think the person felt.
- **How long:** minutes, from the first behaviour until the person was calm again.
- **Setting events** are the background: sleep, pain, illness, bowels, hunger, a staff change, a missed visit, a medication change. Record them even when nothing seems relevant.
- **Antecedent:** what happened just before. **Behaviour:** what the person did, observable and specific. **Consequence:** what happened next, what staff did, and how the person was afterwards.
- **Intensity:** use the 1 to 5 scale defined for the person in their PBS plan, so everyone scores the same way.
- **Strategies used:** tick what you used from the person's PBS plan. Any restriction or safeguarding concern also goes on an incident form, and any injury or mark on a body map, following your policy.
- Bring the charts to the person's review: patterns by time, place, people and setting events matter more than any single chart.
- Keep completed charts as part of the person's record, under your records policy.

Our scale (fill in from the person's PBS plan)

1 = _____

2 = _____

3 = _____

4 = _____

5 = _____

In Kiwi, ABC charts are recorded on screen, and the list can be filtered by person, staff member, home, location, intensity and date.